



October 31, 2022

Dear Clients,

Our intake paperwork informs clients that we will increase our fees by \$10 each year on January 1st, and other fee increases may be possible due to changes in service structure, etc. In addition, we will be increasing our rates overall to keep up with additional expenses incurred due to COVID-19. If you are a client who pays for your session in full each week, we will offer a \$10 discount for paying at the time of service. This does not apply for insurance clients except in the event of a no show or late cancellation in which we charge a full session fee.

We will be implementing this rate increase as of 1/1/2023. Below is a list of our most common rates, listed by clinician licensure:

**Independently Licensed Clinicians, (LCSW-C, LCPC, LPCMH, LPC, LCPAT) :**

Intake session fee: \$210                      paid in full at session discount: \$200

Regular session fee: \$185                      paid in full at session discount: \$175

**Provisionally Licensed Clinicians (LMSW, LSW, LGPC, LAMHC, LGPAT) :**

Intake session fee: \$200                      paid in full at session discount: \$190

Regular session fee: \$175                      paid in full at session discount: \$165

If your therapist is provisionally licensed and becomes independently licensed the rate increase will occur at the time of the change in licensure.

If you are using a different modality, such as neurofeedback, please consult your provider for the changes in our fees.

We appreciate you understanding our need to increase our fees to offset cost of living increases. We appreciate you, our clients. Please feel free to talk further with your therapist should any questions arise about these changes.

Thank you,

*Rachel Harrison, LCPC, NCC*

Owner, Trauma Specialists of Maryland, LLC and Trauma Specialists of Delaware, LLC